

**MOST IMMEDIATE**

F.No.33-6/2020-TS.III  
Government of India  
Ministry of Human Resource Development  
Department of Higher Education

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Shastri Bhawan, New Delhi  
dated, the 16<sup>th</sup> July, 2020

To,

- (i) The Directors of 31 NITs;
- (ii) The Director, IEST, Shibpur (W.B.); and
- (iii) The Directors of SPAs.

**Subject: 'MANODARPAN' an initiative of the Ministry of Human Resource Development to undertake a wide range of activities to provide Psychosocial Support to students for their Mental Health & Well-being during the COVID outbreak and beyond – Inauguration reg.**

Sir,

I am directed to say that this Ministry has undertaken an initiative, named; '**MANODARPAN**' covering a wide range of activities to provide psychosocial support to students, teachers and families for Mental Health and Emotional Wellbeing during the COVID outbreak and beyond. The aim of Manodarpan is to help students to live their lives happily, effectively and productively and become resilient over time with the help of life skills even in the face of challenges and roadblocks. Under the initiative, all students from Schools / University / Colleges / Institutions of Higher Education will be covered.

The 'Manodarpan' initiative has been included in the ATMANIRBHAR BHARAT ABHIYAN, as a part of strengthening human capital and increasing productivity and efficient reform and initiatives for the Education sector.

A Web-page named '**Manodarpan- Psychosocial Support for Mental Health & Well-being during the COVID outbreak and beyond**' has been created on the Web-site of the Ministry of Human Resource Development. The Web-page contains advisory, practical tips, posters, videos, do's and don'ts for psychosocial support, FAQs and online query system.

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A National Toll-free Helpline (8448440632) for a country-wide outreach to students from schools, colleges and universities has also been set up. Through this helpline tele-counselling will be provided to the students to address their mental health and psychosocial issues. This unique helpline shall be managed by a pool of experienced counselors / Psychologists and other mental health professionals and will continue beyond the COVID-19 situation. About 500 experienced counsellors have been enrolled to implement the national helpline, and 100 counsellors have been mapped to commence the first phase for students.

The Web-page created on the Web-site of this Ministry and the National Toll-free Helpline (8448440632) set up to provide tele-counselling to the students will be **inaugurated by the Hon'ble Minister for Human Resource Development**, Shri Ramesh Pokhriyal Nishank in the presence of Hon'ble Minister of State (HRD), Shri Sanjay Dhotre **at 11.00 AM on Tuesday, the 21<sup>st</sup> July, 2020. The program may be viewed live on the Twitter and Facebook handle @DrRPNishank of the Hon'ble Minister for Human Resource Development.**

All the Directors of the NITs, IEST, Shibpur and SPAs are requested to view the program and disseminate the event details to teachers / faculty, students and parents of their Institutions to view the programme.

Further, an e-invite with link is being sent to you separately with a request to be present in the virtual meeting to launch the Manodarpan initiative.

Yours faithfully,

*P Kumar*  
16/7/2020

**(Pawan Kumar)**

**Deputy Secretary to the Government of India**

**Tel. 23384897**

Copy for information to:-

- (i) PS to Hon'ble HRM.
- (ii) PSO to Secretary (HE), MHRD.
- (iii) PPS to ADG (HE), MHRD.